



MILWAUKEE COUNTY

PARKS

1531 W. Vliet St.

Milwaukee, WI 53205

(414) 344-5600

Countyparks.com

Dee McCollum, Interim Manager

January 2010

King Press

America's 2009 Gold Medal



Dr. Martin L. King Jr., Community Center

*We Are
"Building
Character,
Families
&
Communities"
In
2010*

*Please join us for our
King Day celebration
On*

January 18, 2010

At

2:30pm.

Guest speaker:

*DeMarco Morgan,
WNBC/Ch. 4 anchor,
New York*

Open House

3:00pm – 8:00pm

*Enjoy a variety of
performances*



*"I have a dream
that my four little
children will one
day live in a nation
where they will not
be judged by the
color of their skin
but by the content
of their character."*

*I Have a Dream
Address at March
on Washington
August 28, 1963
Washington, D.C.*

*The youth will participate
in 3 to 4 hour workshop
led by Mr. Charles Reese
entitled "Children for
Children's, Grow
Involved On Martin
Luther King, Jr. Day"
The youth will brainstorm
projects and do activities
to help bring Dr. King's
legacy of service alive.
Call 344-5600 to sign
your child up!*

Allow me to proudly introduce to you, the 2010 King Team Staff.

Each team member has been assigned to cover his or her particular area of expertise. They are good at what they do and will gladly assist you with any questions you may have concerning programming in their area.

Rita Echols, Office Administrator



Rita is the front line administrative person for the King Community Center. As the first point of contact, she conveys the image of the Center to the members and guest. She provides administrative support to all staff. Rita does not hesitate to go beyond the call of duty and knows nearly every member by name.

Jasen Jasper, Office Assistant



Jasen works under the watchful eye of Rita and assists her in covering the office responsibilities. He is very aggressive and is quickly learning all the duties of the front office.

Dominic Conners, Youth Coordinator



Dominic develops and implements programming for youth in the community. She consults with youth and the manager to determine their needs and develop programs in response to those needs.

Fred Jones, Recreation Specialist



Fred organizes, supervises, teaches and provides special services for participants in the gym area and the Youth Recreation Room. He monitors sport programs and plans, organizes and implement activities for the recreation program.

Greg McBeath, Fitness Instructor



Greg leads and instructs members and guest in the exercise classes through various exercise activities. He works one-on-one offering insight, direction, and even motivation into workout routines. Greg leads group classes through rigorous exercise activities to get people fit.

Ta-Wau Saleem, Karate Instructor



Saleem is the King Center Black Belt one-man defense specialist! He is the founder of Saleem Karate-Do, the art of Kempo Goju and has taught the art at the King Center for the past 17 years. He also teaches some of our exercise classes. Look for a women's self defense class for 2010!

Tommy Sundebird, Weight Training Coordinator



Tommy introduces principles of fitness training and general fitness principles, and explains and enforces fitness center rules and regulations. He demonstrates and explains use of equipment while observing participants' workout form and corrects and encourages them. Look for The King Classic Body Building & Bench Press Competition to return in 2010.

Alvin Boyd, Preventative Maintenance Coordinator



Alvin is our Mr. Fit It guy. He performs routine preventative maintenance and minor repairs to the King Center equipment. If it's broke, Alvin can fix it.

Lamont Johnson, Facilities Manager



The beauty that you see when you walk into the Dr. Martin Luther King Jr. community Center belongs to Lamont. He is very detailed and dedicated to maintaining the up keep of the center. Lamont can take the worst floors and bring them to a mirror finish shine.

We are up and running full steam ahead in 2010! We are proud to say we are working hard to build partnerships that will bring powerful programming and information to the King Center for its members, visitors and the community!

Upcoming partnerships include:

Torreon Edwards & Ryan Landowski, State of Wisconsin Department of Health Services

ReDonna Rodgers, CEO of Center for Teaching Entrepreneurship

Catherine Fowlkes, Site Relations Coordinator of Food Service for Social Development Commission

Chris Saygo, CEO, T.R.U.E. (The Right Use of Energy)

Amir Ali, Top Quality Production plays and theater training

Rosamaria Martinez RD, MBA, Nutrition Education Program – UW-Extension

The center has a new look and a new attitude. We invite you to bring your family and come check out several new changes!

Our **Youth & Teen Rec Center** has new games tables, which include Pool Table, Air Hockey Table, Ping Pong Table, Foos Ball and a Bankshot Basketball game for youth 5 year to 17 year olds.

Our **Brilliant Minds Resource Center** entertains our youngest of minds. They work on everything from homework, arts & crafts, quiet time, board games, a library and much more for youth 5 year to 17 year olds.

Our **Kings Fitness Area** is geared toward our men who want to tone their muscles and pump it up!

Our **Queens Fitness Area** is in the making. Designed with ladies in mind, this room will have equipment to allow our female members and visitors to work out separate from the men!

Our boxing room is waiting for a new face! Once completed it will be named the **"Al Moreland Boxing Ring"**



We are looking for donations. One man's junk is our treasure. If you have any of the following or would like to donate them for us, we will gladly accept them!!

1. Any weight equipment for our weight rooms
2. Mats for exercising classes
3. Games for our WI game for the youth.
4. Board games for youth.
5. Children and teen books.
6. Kitchen utensils and cookware
7. 6 – 12 lbs. Medicine Ball
8. Boom Box for exercise room.
9. Any office supplies.

Volunteers are Needed

The King Center is always looking for coaches, officials, program assistants, special event volunteers and anyone with a skill, hobby or talent they would like to share with the youth! Ongoing opportunities are available at the King Center and we would love to have your input. If you would like to volunteer your talent, please call 344-5600 or speak to any of the King Team Members.

YOUTH PAGE

Movies Night
Thursday
5:00pm

On School days when school is out, students will be allowed to come to the King Center for open activities starting at 10:00am with a school I.D.

Homework Assistance
Monday – Friday
3:00pm – 5:00pm

Youth Open Gym
Tuesday
4:00pm – 8:00pm
Saturday
9:00am – 12:00pm

Youth & Teen Rec Room
Monday – Friday
3:00pm – 8:00pm

Youth Exercise Class
Wednesday
6:00pm

Brilliant Minds Resource Center
ages 5-17
Monday – Friday
3:00pm – 8:00pm

Come Be A Girl Scout!
Enroll your daughters in
Brownies or Girl Scouts
(414) 344-5600
Dominic Conners, Troop Leader

Saleem Karate-Do/
Practice the art of Kempo Goju.
Instructor: Ta-Wau Saleem
Additional fee.
Call (414) 461-2782

Tapping Out Rhythm,
Monday 6:00pm & Saturdays
Instructor, Lamont Johnson
(414) 344-5600

Al Mooreland Amateur Boxing
Train with some of the best coaches
in the amateur boxing circuit.
Additional Fee
(414) 263-4461

The World of Adults

Open Weight Room
Monday – Friday 9am – 8:00pm
Saturday 9am – noon
Instructor, Tommy

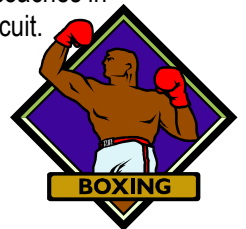


Adult Open Basketball
Monday thru Friday 10am-4pm
Tuesday 10:00am-8:00pm
Saturday 9am – noon
Court Monitor, Fred Jones



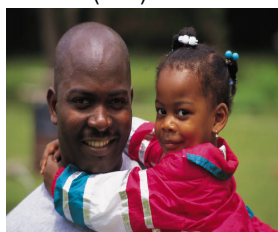
Exercise Classes
Mon – Thurs 9am, 4pm, 5pm
Saturday 9am -11am
Instructors, Greg McBeath & Ta-Wau Saleem

Al Mooreland Amateur Boxing
Train with some of the best coaches in
the amateur boxing circuit.
Additional Fee
(414) 263-4461



Saleem Karate-Do/
Practice the art of Kempo Goju.
Instructor: Ta-Wau Saleem
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Call (414) 461-2782

**George Sanders Fathers
Resource Center**
Monday - Thursday
9:00am - 5:00pm
Friday by appointment only
Call (414) 344-0146



Partnerships

New Concept Self-Development Center Social Services

To receive a variety of social service based assistance, including parenting classes,
Call (414) 344-5788
ABC's for Healthy Families



GED Classes, sponsored by MATC
Tuesday – Thursday
9:00am – 12:00pm
Free and open to the public.
Call (414) 344-5788

Plain Talk

Plain Talk is a replication of an evidence based successful national program. It is in collaboration with the Milwaukee Health Department, New Concept Self Development Center, Inc., and the Martin Luther King Jr. Community Center. It is an initiative geared towards educating adults regarding sexual reproductive health and how to communicate this accurate information to teens.
Call (414) 344-5788

King Center Memberships

Milwaukee County Residents Yearly Fees

Adult - **\$35.00**
Junior (13-17) - **\$22.00**
Child (5-12) - **\$14.00**
Family of four (4) - **\$70.00**
Junior add on - **\$11.00**
Child add on - **\$7.00**
Day Passes - **\$2.50**

Please note price change for 2010

Non-Residents Yearly Fees

Adult Non-Resident - **\$90.00**
Day Passes - **\$4.00**

Replacement Cards **\$5.00**

Room Rentals

Gymnasium

\$65.00 per hour (Weekdays)
\$75.00 per hour (Weekends)

Conference Room

\$35.00 (2hr minimum)

Auditorium

\$425.00 for 6 hours
\$80.00 Additional Hour

Multi Purpose Room

\$35.00 (2hr minimum)

Registration & Rental Procedure

All fees must be paid at time of registration or rental. Classes, times and dates are subject to change without notice.

Please note price change for 2010

Phone Numbers

Park Administration
(414) 257-7275
Milwaukee County Board of Supervisors
(414) 278-4222
Milwaukee County Executive Office
(414) 278-4211

Hours of Operation
Monday through Friday
9:00AM until 8:30PM
Saturday
9:00AM until 12:00PM



On Saturdays, the gym and weight room will be open to both members and day pass users from 9:00am until 12:00pm.
Day pass fee is \$2.00